



The requirements for early discharge are that both mother and baby are feeling well, a paediatrician has examined the baby, and the baby has started feeding.

Follow-up

Families returning home between six and 72 hours after the birth will receive continued follow-up through contact with the BB på väg service ("Midwives on the way").

The following day a midwife from BB på väg will telephone to ask how things are going. Remember to keep your phone switched on! If necessary, home visits may be offered to families who live in Uppsala and Knivsta municipality.

For families in Enköping, Tierp or Gimo, it is the midwife at your local maternal health care centre who will deal with follow-up care and plan future appointments. If you are discharged on a weekend or public holiday, BB på väg will keep in touch with you by telephone until the next ordinary week day.

Safe and secure return home

Our aim is for new parents to be able to return home early from hospital with confidence, secure in the knowledge that we will be contacting you the following day.

During the telephone call or home visit, the midwife will talk to the new mother to ask how she is feeling, answer any questions she may have and give advice according to her needs. The midwife will also ask questions about the baby and breast/bottle feeding in order to be able to provide information and advice on care of the baby, based on your needs and questions.

Neonatal jaundice

Follow-up checks on babies with neonatal jaundice can often be performed in the home, but if a blood test is needed, it may be more appropriate for you to come in to the hospital for the blood test and follow-up.

Postnatal clinic

Babies who go home within 72 hours will need to come to the hospital postnatal clinic:

- For examination by a midwife or paediatrician
- To be weighed
- For a PKU blood test if it has not already been performed
- For an OAE test if it has not already been performed

For mothers who have questions, need help with breastfeeding or have other problems, there is also an opportunity to talk to a midwife.

The midwife who telephones you at home will give you the time and date of your appointment.

For those with appointments in Uppsala, the postnatal clinic is accessed via entrance 96. You will not be able to bring any other children with you, due partly to space limitations but also in order to reduce the risk of infection.

Patient information

When you visit the postnatal clinic in Uppsala you do not need to register at the reception desk on the ground floor. Go straight to the clinic and take a seat in the waiting room. We will call you in when it is your turn.