



Dear colleagues,

It is a great pleasure to invite you to the **3rd Nordic Facial Nerve Meeting** -A **Hybrid Meeting**-which will be held 7 and 8 of December 2023 in Uppsala, Sweden. The meeting is organized by the Facial Palsy Team and the Department of Plastic and Maxillofacial Surgery, Uppsala University Hospital. This is a meeting which takes place every two years and provides a forum for presentation and discussion of the latest advances in facial paralysis with esteemed international faculty. Experts in different aspects of facial paralysis will present their experience in congenital facial palsy, facial synkinesis, long standing facial paralysis and early facial nerve reconstruction.

The course is limited to 70 places onsite, and unlimited online.

- -Onsite registration is open until 7 November. Conference fee: 3000 SEK until 15 October, after that date the fee will increase to 4000 SEK for participation. Fee includes coffee breaks, lunches, and conference dinner.
- **-Online registration** deadline is 1 December. Conference fee 800 SEK until 15 October (After that date the fee will increase to 1000 SEK. Fee includes online access to all lectures.

For registrations, please visit the website:

 $\underline{\text{https://www.akademiska.se/for-vardgivare/sektioner/plastikkirurgi/nordic-facial-nerve-meeting/application-form/}$

Looking forward to seeing you in Uppsala!

The Facial Palsy Team, Uppsala University Hospital, Uppsala, Sweden

Conference Chairs



Andres Rodriguez Uppsala, Sweden



Camilla Ekwall Uppsala, Sweden





Confirmed Speakers

(*Online only)



Luis Lassaletta Spain



Shai Rozen* USA



Mette Worthers Denmark



Villiam Townley
UK



Catriona Neville
UK



Sarah Kilcoyne UK



Nate Jowett* USA



Mara W. Robinson*
USA



Gregory Borschel*
USA



Alexander Cardenas*
Mexico



Achmed Pirchner Sweden



Villiam Vejbrink Kildal Sweden



Jackie Diels* USA



Anna Rostedt Punga Sweden



Elin Marsk Sweden



Mathew Hotton, UK*



Lovisa Lansing , Sweden







PROGRAM

Onsite: Holmdahlsalen (Entrance 100, floor 2) Uppsala University Hospital, Sweden

Online: via TEAMS

Thursday 7 December

11:00-12:00 Registration and Lunch

12:00 Welcome to the Nordic Facial Nerve Meeting

<u>12:15-12:45</u> Lecture: "Individualized evidence-based approach to specialist facial therapy in Facial Paralysis" Speaker: Catriona Neville, Extended Scope Practitioner Physiotherapist

specializing in Facial Palsy, Facial Palsy Multidisciplinary Team at the Queen Victoria Hospital

NHS Foundation Trust; East Grinstead, United Kingdom

12:45-12:50 Q & A

12:50-13:10 Lecture: "Smile Reanimation in Long Standing Facial Paralysis: The Role of Dual

Innervation" Speaker: Dr. Shai Rozen, Professor and Vice-Chair, Department of Plastic and

Reconstructive Surgery, UT Southwestern Medical Center, Dallas, USA

13:10-13:15 Q & A

13:15-13:35 Lecture: "Facial Reanimation in Congenital Facial Paralysis" Speaker: Dr. Gregory

Borschel, Chief of Plastic Surgery at Riley Hospital for Children, Indianapolis, USA

13:35-13:40 Q & A

13:40-14:00 Lecture: "Facial Rehabilitation in the Pediatric Population: Considerations for

Management" Speaker: Sarah Kilcoyne, Specialist Speech and Language Therapist, Oxford

Facial Palsy Clinic, John Radcliffe Hospital, Oxford, United Kingdom

14:00-14:05 Q & A

14:05-14:25 Lecture:" Oculoplastic Considerations in the Management of the Paretic Eye"

Speaker: Dr. Achmed Pircher, Consultant, Department of Ophthalmology, Uppsala University

Hospital, Sweden

14:25-14:30 Q & A





14:30-15:00 Coffee Break

<u>15:00-15:20</u> Lecture: "Management of Facial Synkinesis with Neurectomies" Speaker: Dr. William Townley, Consultant Plastic Surgeon, Guy's & St. Thomas NHS Trust Hospitals, London, United Kingdom

15:20-15:25 Q & A

<u>15:25-15:45</u> Lecture: "Keeping up appearances: Don't frown upon the effects of botulinum toxin" Speaker: Dr. Anna Rostedt Punga, Professor of Clinical Neurophysiology, Uppsala University Sweden.

15:45-15:50 Q & A

<u>15:50-16:10</u> Lecture: "Psychological Considerations in the Management of Patients with Facial Paralysis" Speaker: **Dr Matthew Hotton**, **Clinical Psychologist**, Clinical Health Psychology Service, Oxford University Hospitals NHS Foundation Trust and Oxford Institute for Clinical Psychology Training and Research, University of Oxford/Oxford Health NHS Foundation Trust, United Kingdom.

16:10-16:15 Q & A

16:15-16:35 Lecture: "Botulinum Toxin Injections and The Training Cycle for Management of Facial Synkinesis" Speaker: Andres Rodriguez Lorenzo, Plastic Surgeon Camilla Ekwall, Physical Therapist, Facial Palsy Team and Head of Department of Plastic and Maxillofacial Surgery, Uppsala University Hospital, Uppsala, Sweden

16:35-16:40 Q & A

<u>16:40-17:00</u> Lecture: "Ultrasound-Guided Applications in Facial Synkinesis: Preclinical Studies" Speaker: Dr. Villiam Vejbrink Kildal, PhD Student, Department of Plastic and Maxillofacial Surgery, Uppsala University Hospital, Sweden

17:00-17:05 Q & A

19:00 Conference Dinner Place: Norrlands Nation, Uppsala

Friday 8 December

8:50. Welcome (8:30 Coffee and Tea available)

9:00-9:30 Lars Jonsson Lecture: "The Role of Combined Nerve Transfers in Facial Reanimation: the perspective of a Facial Nerve Unit" Speaker: Dr. Luis Lassaletta Atienza, Department of

Otolaryngology, Facial Paralysis Unit, Hospital La Paz, Madrid, Spain

9:30-9:35 Q & A

9:35-10:50 Lectures: "Facial Nerve Reconstruction in Oncological Patients"

-The London Experience. Speaker: Dr. **William Townley**, Consultant Plastic Surgeon, Guy's & St. Thomas NHS Trust Hospitals, London, United Kingdom

-The Copenhagen Experience. Speaker: Dr. **Mette Wolthers**, Consultant Plastic Surgeon, Department of Plastic and Reconstructive Surgery, Rigshospitalet, Köpenhamn, Denmark.

-The Uppsala Experience. Speaker: Dr. Andres Rodriguez Lorenzo, Plastic Surgeon, Facial Palsy Team Uppsala University Hospital, Uppsala, Sweden

-The Madrid Experience. Speaker: Dr. Luis Lassaletta Atienza, Department of Otolaryngology, Facial Paralysis Unit, Hospital La Paz, Madrid, Spain

10:50-11:00 Q & A

11:00-12:00 Lunch

12:10-12:40 Lecture: "Temporalis Muscle Transfer for Long Standing Facial Paralysis" Speaker:

Dr. **Mette Wolthers**, Consultant Plastic Surgeon, Department of Plastic and Reconstructive Surgery, Rigshospitalet, Köpenhamn, Denmark.

12:40-12:50 Q & A

<u>12.50-13:25</u> Lecture: "Free Muscle Transfer for Smile Reanimation" Speaker: Dr. Nate Jowett, Otolaryngology-Head and Neck Surgery, Harvard Medical School, and Facial Nerve Center, Massachusetts Eye and Ear Infirmary, Boston, US

13:25-13:30 Q & A





13:30-14:10 Lecture: "Physical therapy after Facial Reanimation: Achieving Effortless Smile"

Speaker: Mara W. Robinson, Physical Therapist, Facial Nerve Center, Massachusetts Eye and Ear

Infirmary, Boston, US

14:10-14: 15 Q & A

14:15-14:35 Lecture: "Quality of Life in Bell's Palsy: Correlation with Sunnybrook and House-

Brackman Over time". Speaker: Dr. Nina Bylund, Facial Palsy Team and Department of

Otolaryngology, Uppsala University Hospital, Uppsala, Sweden

14:35-14:40 Q & A

14:40-15:10 Coffee Break

14:50-15:10 Lecture: "Bell's Palsy in Pregnancy and Postpartum: A Retrospective Case-Control

Study of 182 Patients". Speaker: Dr.Lovisa Lansing, PhD Student ,Department of

Otolaryngology , Karolinska Uand Karolinska Institute, Stockholm, Sweden

<u>15:10-15:15</u> Q & A

15:15-15:35 Lecture: "Facial Paralysis Rehabilitation: What is next?". Speaker: Jackeline Diels,

Occupational Therapist, University of Wisconsin Hospital, Wisconsin, USA

15:35-15:40 Q & A

<u>15:40-16:00</u> Lecture: "Triple Nerve Transfers for Reconstruction of the Facial Nerve" Speaker:

Dr. **Alexander Cardenas**, Consultant, Department of Plastic and Reconstructive Surgery, Hospital

Gea Gonzalez, Mexico.

16:00-16:05 Q & A

16:05-16:30 Closing Remarks